

**KIPS BAY BOYS AND GIRLS CLUB / URBAN SPORTS GROUP
1930 RANDALL AVE, BRONX, NY**



INCREASE YOUR SOFTBALL IQ.

DIVA · DEVELOPMENT · DRILLS

Individual Instruction on all facets of the Game.

Defense Emphasis

Footwork, Balance, Arm Strength Development, Tracking ground and Fly balls, game situation recognition.

Offense Emphasis

**Increase your bunting ability, bat speed and power.
Improve your pitch recognition and base running.**

Pitching Emphasis

Strength and Endurance, Pitching mechanics, Warm-up techniques/drills, Situational work, and Instruction on all major pitches

**You must attend Kips Bay Boys and Girls Club registration dates to participate in clinics.
(You will be registering to become a member of the Kips Bay Boys and Girls Club)
For softball registration call 646-523-9421 or 347- 408-7825**

***Clinic Format: Saturdays 9am-11:30am / Tuesdays 6:30pm – 8:30pm**

Session I: Registration Dates 11/6, 11/13

November 16, 19, 23

December 7, 10, 14, 17, 21

January 4, 7, 11, 14

Session II: Registration Dates 1/8, 1/15

January 21, 25, 28

February 1, 4, 8, 15, 18, 25

March 1, 4, 8

12 sessions only \$130 / Multiple siblings \$110

Pitching Sessions \$35 per hr.

Coach Brown, Coach J. Garcia, Coach M. Garcia and Coach Bridgette

****Experience training players at all levels:**

College, High School, Travel (AAU) and beginning players

Free Poland Spring Water Provided * Giveaways * Please bring your own Glove*